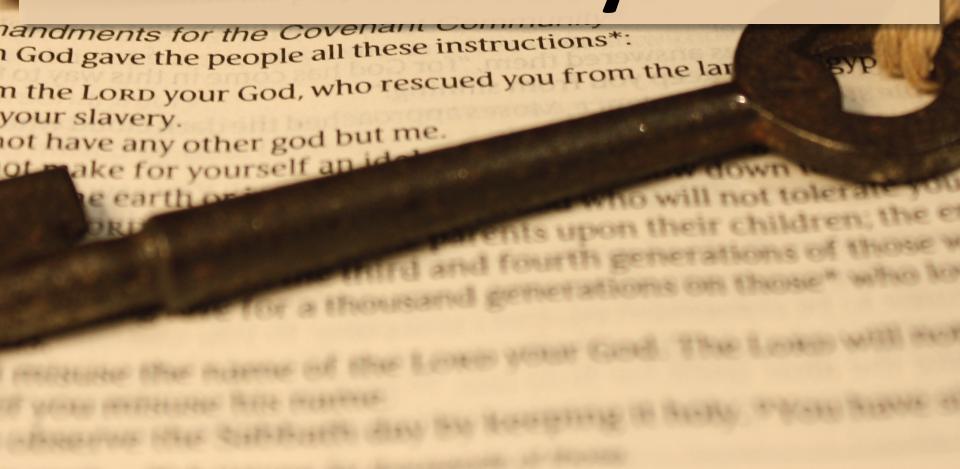
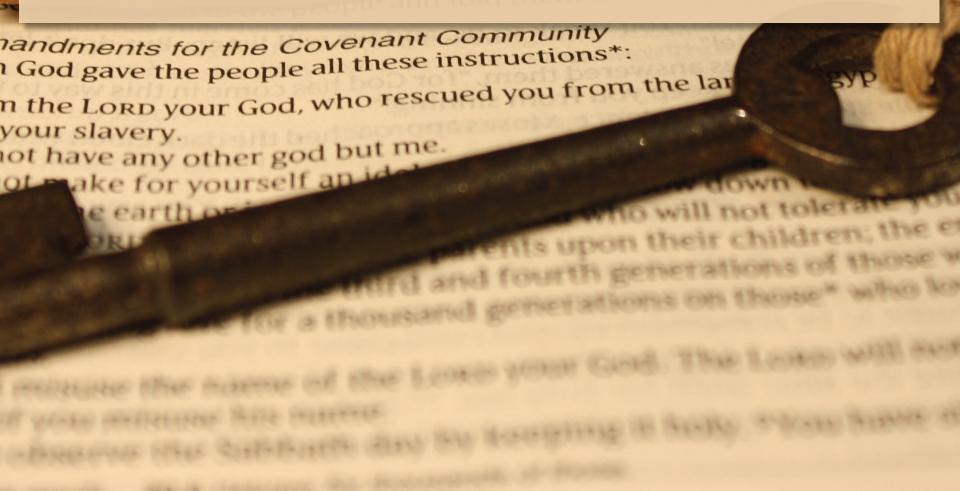
Ten Commandments



You shall not commit adultery.



How can we affair-proof our marriages?



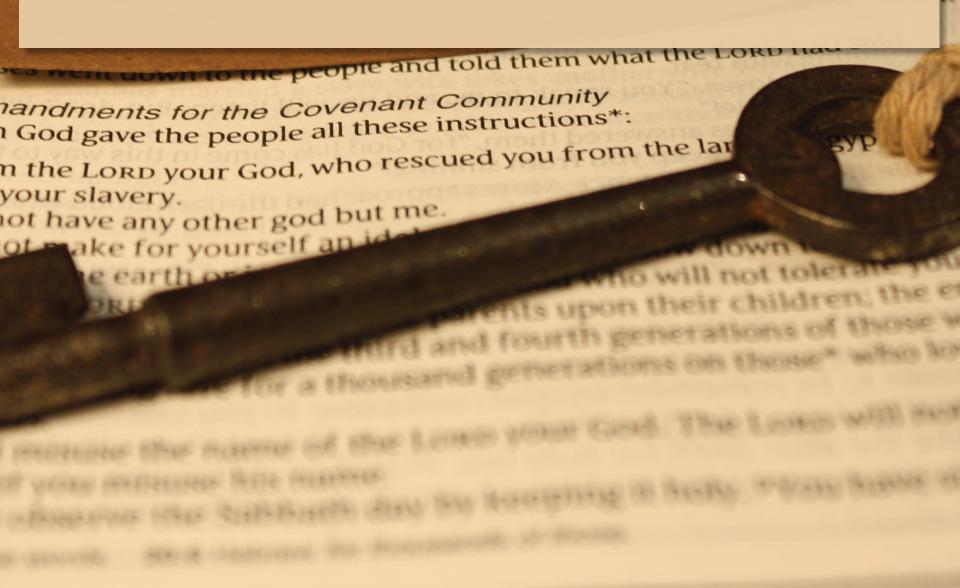
For you know what instructions we gave you by the authority of the Lord Jesus. [3] It is God's will that you should be sanctified: that you should avoid sexual immorality;

[4] that each of you should learn to control their own body in a way that is holy and honourable, [5] not in passionate lust like the heathen, who do not know God;

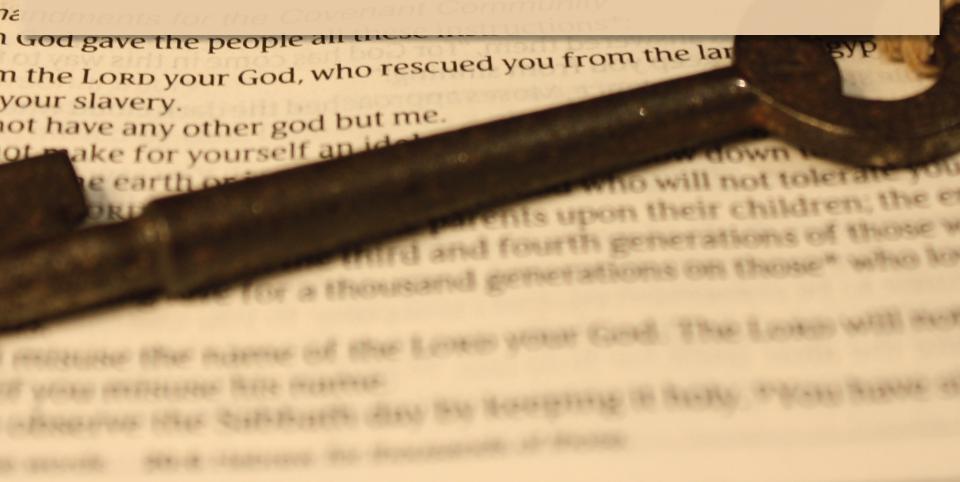
[6] and that in this matter no-one should wrong his brother or sister or take advantage of them. The Lord will punish people for all such sins, as we have already told you and warned

[7] For God did not call us to be impure, but to live a holy life. [8] Therefore, he who rejects this instruction does not reject us but God, who gives you his Holy Spirit.

Avoid sexual immorality



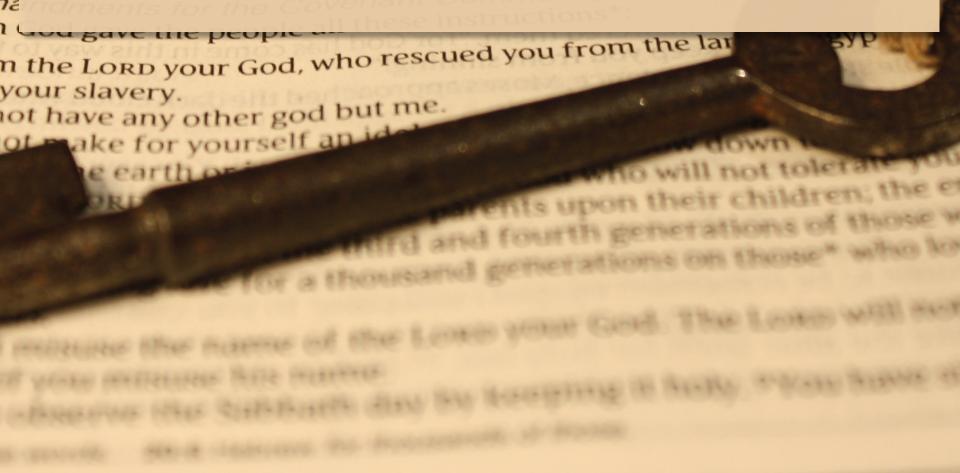
[3] It is God's will that you should be sanctified: that you should <u>avoid</u> sexual immorality



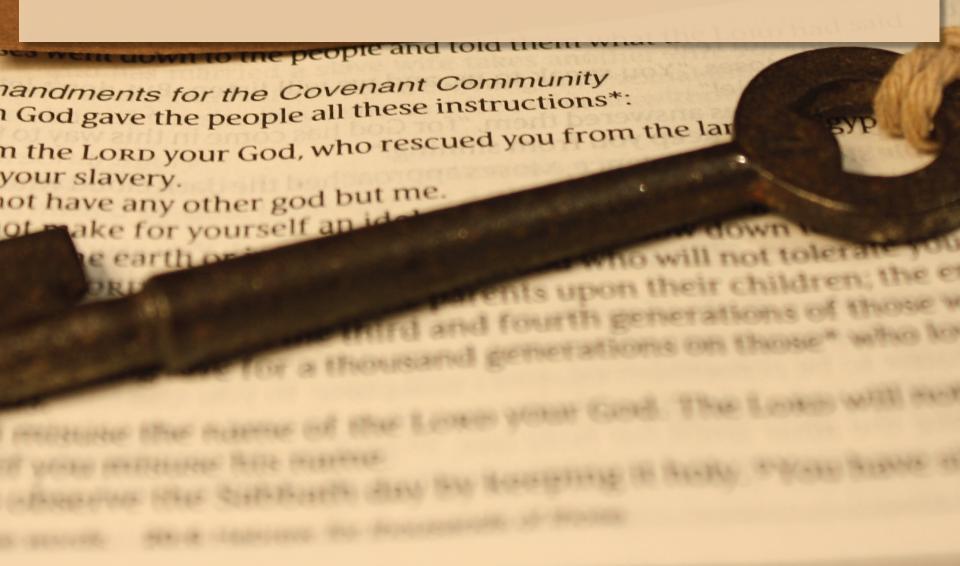
Potiphar left in Joseph's care everything he had; with Joseph in charge, he did not concern himself with anything except the food he ate. Now Joseph was well-built and handsome, [7] and after a while his master's wife took notice of Joseph and said, "Come to bed with me!"

[8] But he refused. "With me in charge," he told her, "my master does not concern himself with anything in the house; everything he owns he has entrusted to my care. [9] No-one is greater in this house than I am. My master has withheld nothing from me except you, because you are his wife. How then could I do such a wicked thing and sin against God?"

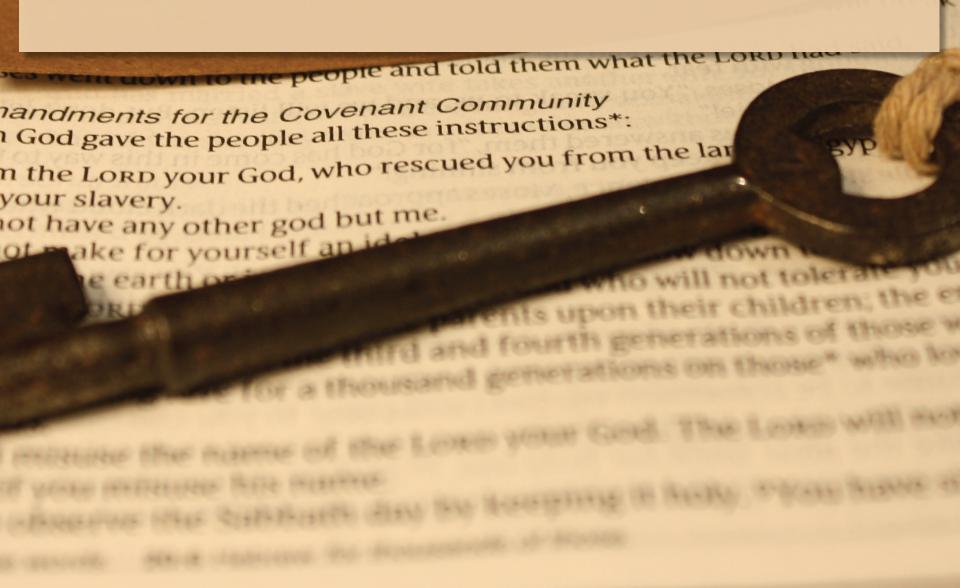
[10] And though she spoke to Joseph day after day, he refused to go to bed with her or even to be with her.



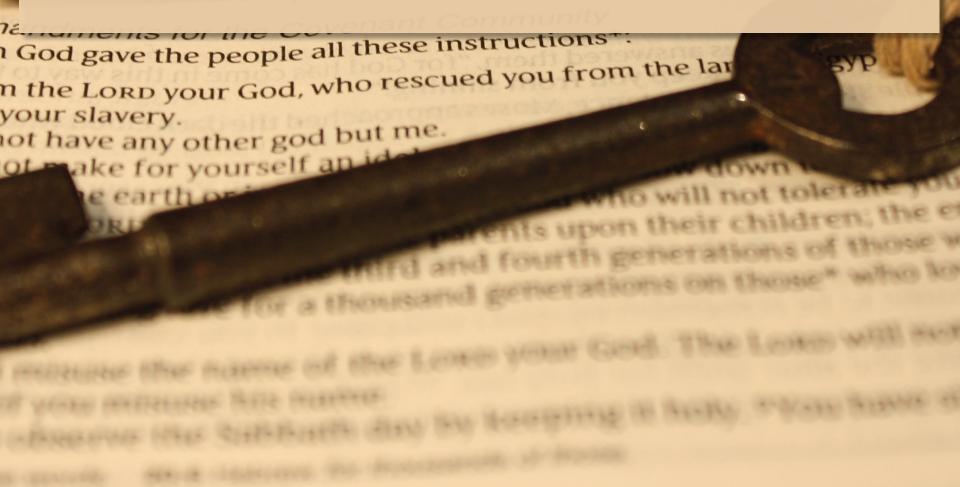
²³ Guard your heart above all else, for it determines the course of your life.



Know your weaknesses



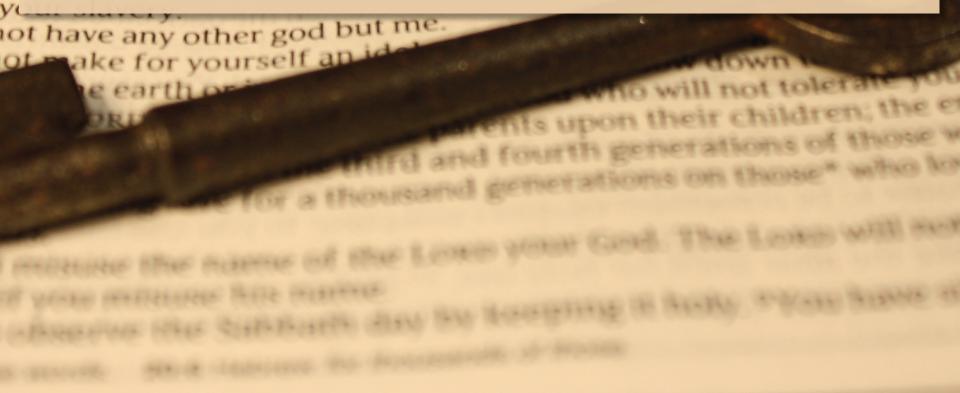
[4] that each of you should <u>learn to</u> control his own body in a way that is holy and honourable,



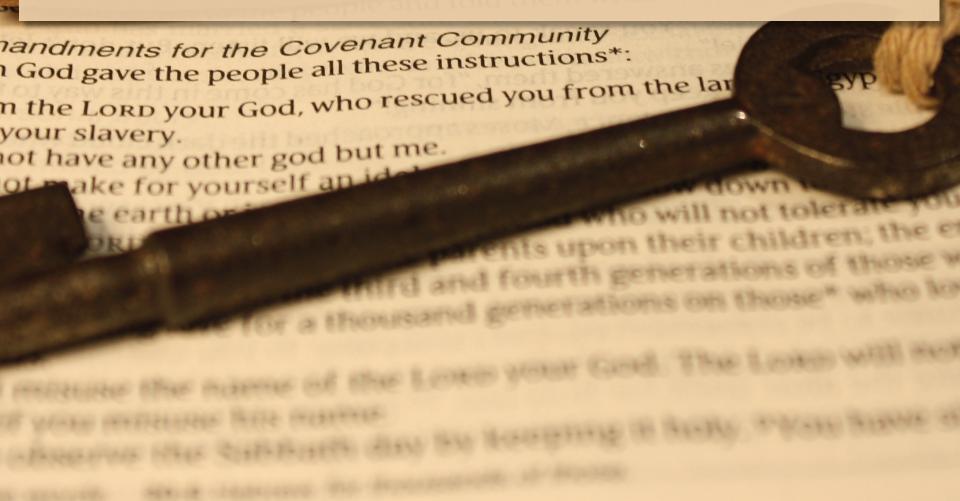
33 "No-one lights a lamp and puts it in a place where it will be hidden, or under a bowl. Instead he puts it on its stand, so that those who come in may see the light.

34 Your eye is the lamp of your body. When your eyes are good, your whole body also is full of light. But when they are bad, your body also is full of darkness. 35 See to it, then, that the light within you is not darkness.

³⁶ Therefore, if your whole body is full of light, and no part of it dark, it will be completely lighted, as when the light of a lamp shines on you."



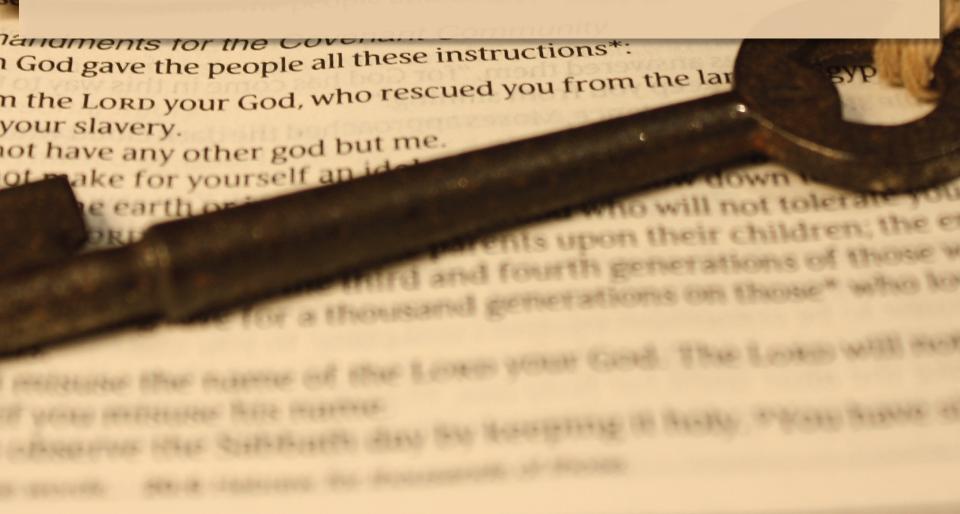
Keep the main thing the main thing



[7] For God did not call us to be impure, but to live a holy life. [8]
Therefore, he who rejects this instruction does not reject man but God, who gives you his Holy Spirit.

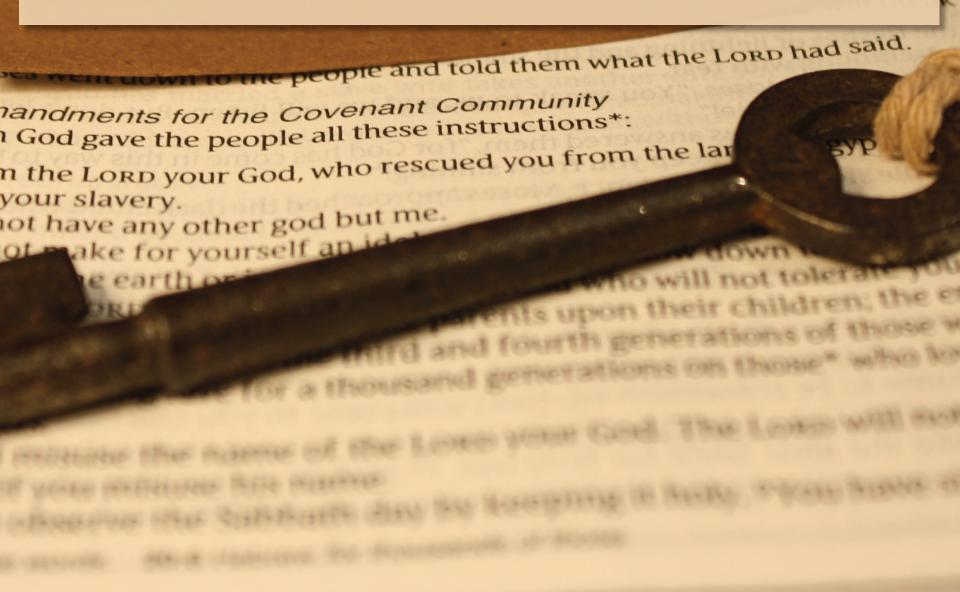
[9] No-one is greater in this house than I am. My master has withheld nothing from me except you, because you are his wife. How then could I do such a wicked thing and sin against God?"

Before a person walks away from their spouse they have walked away from their Lord



People do not have a sexual problem or chemical problem; they have a life problem. You will not be successful just trying to eliminate bad behaviour. If abstinence were the goal, then Ephesians 5:18 would read, "Do not get drunk with wine; therefore, stop drinking." It says we must be filled with God's Spirit.

Remember the Cost

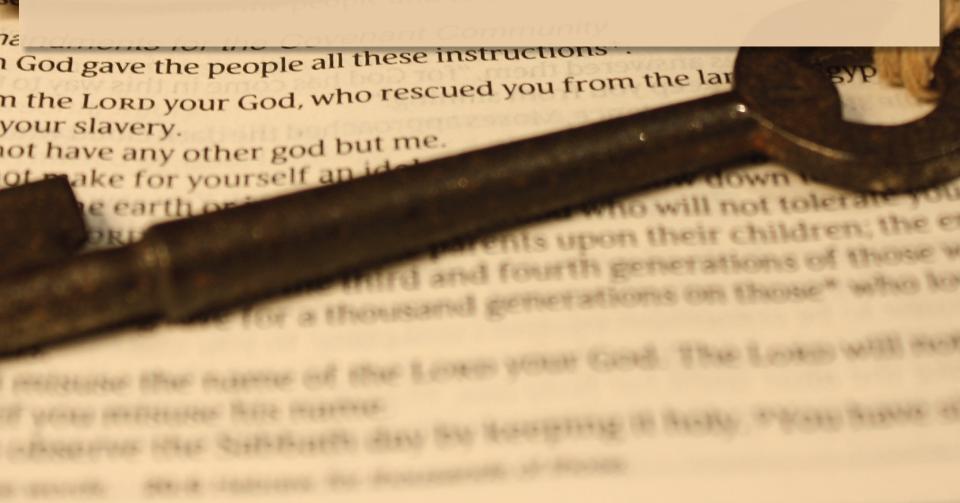


[3] It is God's will that you should be sanctified: that you should avoid sexual immorality; [4] that each of you should learn to control his own body in a way that is holy and honourable, [5] not in passionate lust like the heathen, who do not know God;

[6] and that in this matter no-one should wrong his brother or take advantage of him. The Lord will punish men for all such sins, as we have already told you and warned you.

Lord, before I commit a sin, it seems to me so shallow that I may wade through it dry-shod from any quiltiness; but when I have committed it, it often seems so deep that I cannot escape without drowning.

There is always free cheese in a mousetrap



¹ Jesus returned to the Mount of Olives, ² but early the next morning he was back again at the Temple. A crowd soon gathered, and he sat down and taught them.

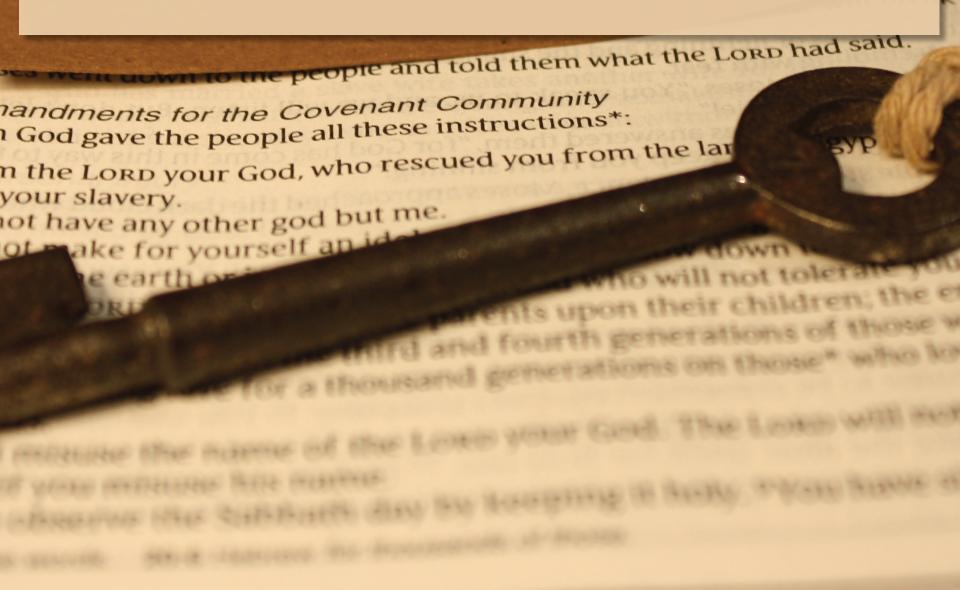
- As he was speaking, the teachers of religious law and the Pharisees brought a woman who had been caught in the act of adultery. They put her in front of the crowd.
 - 4 "Teacher," they said to Jesus, "this woman was caught in the act of adultery.
- ⁵ The law of Moses says to stone her. What do you say?"

⁶ They were trying to trap him into saying something they could use against him, but Jesus stooped down and wrote in the dust with his finger. ⁷ They kept demanding an answer, so he stood up again and said, "All right, but let the one who has never sinned throw the first stone!"

8 Then he stooped down again and wrote in the dust. 9 When the accusers heard this, they slipped away one by one, beginning with the oldest, until only Jesus was left in the middle of the crowd with the woman.

10 Then Jesus stood up again and said to the woman, "Where are your accusers? Didn't even one of them condemn you?" 11 "No, Lord," she said. And Jesus said, "Neither do I. Go and sin no more."

Main Points



- This is an issue for all of us
- · Have a plan
- Have clearly agreed boundaries
- * Know your weaknesses
- * Keep the main thing the main thing
 - Remember the cost
 - There is always hope